

● Room Service Breakfast Menu

**Health Breakfast**

A fresh selection of seasonal fruit combined with muesli containing oats, almonds, cashews, together with a thick, creamy natural Greek yoghurt and honey

R65

**Continental Breakfast**

A delicious, light croissant; a freshly baked bran and raisin muffin; a small banana bread and Ceres fruit juice. Served with cheese, jam, butter, salami and ham

R65

**Salmon Bagel**

A unique taste of tangy cream cheese on a freshly baked bagel topped with fine slices of salmon, gherkins, basil and chives, served with a lemon wedge

R72

**Parma Ham, Pineapple and Melon English Muffin**

A fresh English muffin topped with a delicious serving of mascarpone cheese, rocket, finely sliced Parma ham and seasonal slices of pineapple and melon

R70

**Muffin Selection**

All muffins served with jam and butter:

Choose between:

Chocolate Chip

Apple and Cinnamon

Bran and Raisin

R18

**Cereal Selection**

All served with a 250ml bottle of milk

Choose between:

All Bran Flakes

Corn Flakes

Coco Pops

Muesli

R18

R18

R20

R20

● Rolls and Sandwich Menu

A choice of white or whole-wheat baguettes or sandwiches

Baguettes:

R30

Sandwiches:

R25

**Chicken Mayonnaise**

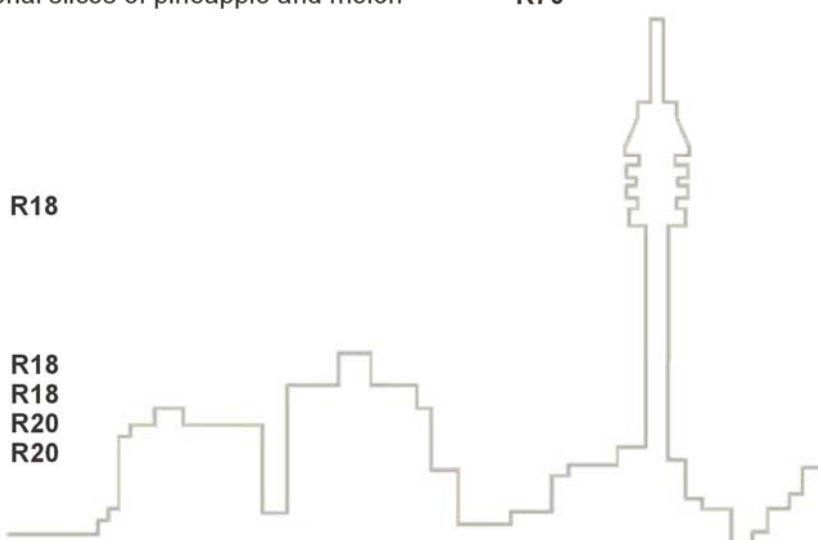
A generous serving of tangy chicken Mayonnaise, butter, tomatoes, mozzarella and lettuce

**Tuna Mayonnaise**

A generous serving of tangy Tuna Mayonnaise, butter, tomatoes, mozzarella and lettuce

**Health Roll**

Mozzarella cheese, butter, tomato, hummus, carrots and lettuce



Breakfast Smoothies

R22 ea

**Strawberry and Vanilla Smoothie (500ml)**

Freshly blended strawberries and banana with creamy vanilla yoghurt

**Mixed Berry Smoothie (500ml)**

A delicious blend of mixed berries and creamy vanilla yoghurt

**Drink Selection**

Lemon Ice Tea

R11

Green Ice Tea

R11

Peach Ice Tea

R11

Various Ceres Fruit Juice

R8

- Place your order by 3pm the day before to receive breakfast the next morning
- Breakfast will be delivered to your apartment at the time specified by you
- Breakfast will be billed to your apartment